### **MEET AET VOLUNTEER**

### Ann P. Kaganoff, PhD, BCET, FAET



#### Level of AET membership:

BCET, Recently retired from active practice

#### Type and location of practice: (City, State)

In private practice as an educational therapist in Irvine, CA for 28 years after joining AET in 1992, with a practice focused upon literacy skills for all ages. Currently seeing clients informally

#### Leadership roles held in AET:

Study Groups Director; President-elect/President (1998-2000); Development Committee for Board Certification; Development of Board Certification exam; Higher Education; Conference Presenter

# How long have you been an educational therapist?

37 years, including clinical work prior to joining AET

#### What brought you to educational therapy?

I have been an educator for over six decades, teaching at every level from preschool to graduate school. Founder and director of the UC Irvine Reading and Neurolinguistic Clinic in 1985 using a treatment model that reflected principles of educational therapy. When I learned about Educational Therapy and AET in 1992, I knew I had come home and had been an ET for a long time.

#### Areas of expertise:

Literacy Skills: Analytic reading, writing, study skills, critical thinking. Informative Feedback: clinical observation of learning in real time, with labeled feedback to client regarding actual processes and skills being observed, to promote metacognitive awareness of learning as it happens. Children's Literature: promoting an appreciation of the reading process and its benefits to the learner. Analytic Reading for college and adult readers. Promoting confident learners. Conference Presentations about best practices in ET. Explaining the principles and benefits of educational therapy to parents, teachers, allied professionals.

### What is the best career advice you can give to new ETs?

Practice reflection at all times.

Teach what you know to other ETs by mentoring other ETs and by supervision as you become proficient

Write, write, write

Educate your allied professionals and others about the benefits of Educational Therapy

### Describe a challenge you have faced as an educational therapist:

Students at upper elementary and middle school grades who do not see themselves as "readers" and who therefore are not building the necessary background knowledge that comes only from wide reading. To overcome reading reluctance takes patience, informed persuasion, and a strong belief in the client's potential. "Reading makes you smarter."

# Describe a highlight of your educational therapy career:

Being able to draw upon my history of conference presentations, and my own background of experience, in the areas of applied educational therapy to produce my book, Best Practices in Educational Therapy (Routledge 2019), published at age 82.

## What do you think the future of the educational therapy profession will look like?

Major modifications and refinements in the delivery of services based upon the adoption of ePractice methods and application experiences. Wider distribution of ET services through virtual access for clients in different time zones and areas with no access to local in-person educational therapy services. Wider public exposure to and knowledge of educational therapy, resulting in more informed demand for the services.

### How have you benefited from your membership in AET?

Long lasting collegial and personal friendships; increased knowledge of best practice applications and methods for my own clients; conferences and webinars; exposure to current research in neuroscience and executive function applications; inspiration from colleagues in multiple areas of practice; reinforcing own skill set through supervision and mentoring

#### **Hobbies/Leisure Activities:**

Gardening, cooking, writing, reading, listening to music, visiting and emailing with friends and colleagues; time with children, grandchildren and family. Following current political events and supporting good causes.

